



The Rainbow Gazette

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“ELVIS WAS IN THE HOUSE”



Last month, Aug. 9—Aug. 18 was Elvis Week. There's no better way to celebrate and honor the life of the King of Rock & Roll than having an Elvis impersonator in the house. The theme of the occasion was “Elvis Is In The House” The residents really enjoyed this years Elvis Week celebration. They loved the impersonator's energetic Elvis dancing moves and especially his sophisticated, high class, gold blazer. It was off the chains. You could just imagine the “oohs and aahs” expressions on some of the residents faces. It was an everlasting moment to remember.

Elvis distributed leis and scarves, throughout the party. He also threw

stuffed animals into the audience while singing “Teddy Bear.” Each and every Rainbow Rehab & Healthcare resident received something to remember the evening. Brian Howell of “Bringing It Back Productions” sang many of Elvis's well-known hits and took pictures with residents and family members. It was a special night to remember, with Elvis.



SENIOR SAFARI

Wednesday
OCT. 2
Memphis Zoo
9am - 2pm



The month of September has been declared Pain Awareness Month. Pain Awareness Month is a time when various organizations work to raise public awareness of issues in the area of pain and pain management.

The first Pain Awareness Month was in 2001, when the ACPA led a coalition of groups to establish September as Pain Awareness Month. ACPA established Partners for Understanding Pain and 80 organizations, both health care professionals and consumer groups, including the NAACP supported the effort

The key to raising awareness is to get involved. There are many things that you can do to help promote Pain Awareness Month.

Talk with Friends & Family: Let them know that September is Pain Awareness Month. “Like” the ACPA on Facebook. Encourage your friends to do the same.

Talk with your Healthcare Provider: Let them know that September is Pain Awareness Month. You also can share the tools to better communicate with your healthcare team found at the links below:

[Going to the ER](#)

[Communication Tools](#)

[Pain Management Programs](#)

[Videos](#)

[Resources](#)

[FAQs](#)

[Surveys](#)

Call your local government and community leaders to let them know about Pain Awareness Month and issues of pain and pain management. Tools to communicate with governmental and community leaders are available [Click Here](#).

Call your local media and ask them if they are doing a story on Pain Awareness Month. Tools to communicate with media can be found [here](#).

Donate to the ACPA: Your contributions allow us to help fulfill our mission and work year-round to raise awareness and support for those with chronic pain.

New Resident Voice Advocate at Rainbow Rehab & Healthcare

We are pleased to introduce
our Resident Voice Advocate,
Jamy Payne!

Jamy is always ready with a
smile and a kind word, and is
here to help our newest
residents and guests feel
welcome and comfortable
during their stay at Rainbow
Rehab & Healthcare in Bartlett, TN



SEPTEMBER BIRTHDAYS

RESIDENT & STAFF

- | | |
|-----------------------|----------------------|
| 9/01 Helen Dye | 9/21 Jaelyn Holliman |
| 9/07 Brenda Hardwich | 9/22 Pamela Tabor |
| 9/09 Avery Moorehead | 9/23 Carol Stanley |
| 9/11 Claudia Taylor | 9/23 Angela Mitchell |
| 9/11 James Morris | 9/24 Norma Whitby |
| 9/11 Pamela Newsome | 9/25 Deatrice Thomas |
| 9/12 Kathleen Charles | 9/25 Xzavier Marion |
| 9/12 Martel Herndon | 9/26 Curtis Bass |
| 9/15 Stephanie Davis | 9/29 Dorothy Sanders |
| 9/17 Sonata Watson | 9/29 Taylor Pierce |
| 9/19 Tasha Davidson | 9/30 Darren Doyon |



Thanking Our Volunteers!



GREY'S
CREEK
CHURCH



BARTLETT
CHURCH OF
CHRIST

YOUTH CLUB

“Elvis in the House” Pictures



What's Happening At Rainbow Rehab & Healthcare

it's always FUN AUG. 30- SEPT. 8
at the
Delta Fair
Senior American Day AGRICENTER WING A
SEPT. 4th Memphis, TN
DELTA.FEST.COM







RESIDENT COUNCIL

MEETING
EVERY 2ND THURSDAY
2PM Activity Rm.

EARLY VOTING
FRI., SEPT. 13 @9AM
Garden Room

SEPTEMBER
BIRTHDAY BASH
TUE. SEPT. 10th
@2pm

September 2019  Event Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:00 SUNDAY DEVOTION 10:30 CATHOLIC COMMUNION 2:00 MILLINGTON C.O.C.	2 10:00 SHAKE, RATTLE & ROLL 10:30 LABOR DAY TRIVIA 1:00 labor day bingo HAPPY LABOR DAY	3 10:30 SHAKE, RATTLE, & ROLL 10:30 MUSIC APPRECIATION 2:00 POKENO CARD GAME 3:00 1:1 & INROOM VISITS	 4 3:00 LOLLY POP BINGO	5 10:00 SHAKE, RATTLE & ROLL 10:30 SITTERCISE 1:15 JOB/ PET THERAPY 2:30 SNACK ATTACK 3:30 ONE ON ONES	6 Read A Book Day 10:00 SHAKE, RATTLE & ROLL 10:30 WORDS OF ENCOURAGEMENT 1:00 INROOM VISITS 2:00 HAPPY HOUR/ JAZZ	7 10:15 AM BRUNCH 1:30 GROUP REMINISCING 2:00 BINGO TIME
8 10:00 SUNDAY DEVOTION 10:30 CATHOLIC COMMUNION 2:00 NEW BETHEL CHURCH	9 10:00 SHAKE, RATTLE & ROLL 10:30 BRAIN TEASING GAME 1:45 POPCORN SOCIAL 3:30 WORSHIP TIME WITH MARK 4:00 THEATRE TIME	10 10:00 SHAKE, RATTLE & ROLL 10:30 MUSIC APPRECIATION 2:00 SEPT BIRTHDAY BASH 3:00 1:1 & INROOM VISITS	11 10:00 SHAKE, RATTLE & ROLL 10:30 BIBLE STUDY 1:45 POPCORN SOCIAL 2:30 BINGO TIME	12 Chocolate Milk Shake Day 10:00 SHAKE, RATTLE & ROLL 10:30 MOVE & GROOVE 2:00 RESIDENT COUNCIL 3:00 SNACK ATTACK	13 10:00 SHAKE, RATTLE & ROLL 10:30 WORDS OF ENCOURAGEMENT 1:00 INROOM VISITS 2:00 HAPPY HOUR/ WITH DRIVING SIDEWAYS	14 10:30 OAK GROVE CHURCH 1:30 GROUP REMINISCING 2:00 BINGO 4 PRIZES
15 10:30 CATHOLIC COMMUNION 1:00 PRETTY NAILS/TYBC 2:00 ST. PAUL CHURCH	16 10:00 SHAKE, RATTLE & ROLL 10:30 IT HAPPENED THIS DAY 2:15 CONNECT 4 GROUP 3:30 WORSHIP TIME WITH MARK 4:30 THEATRE TIME	17 Country Music Day 10:00 SHAKE, RATTLE & ROLL 10:30 MUSIC APPRECIATION 2:00 POKENO CARD GAME 3:00 "MY COUNTRY MUSIC"	18 10:00 SHAKE, RATTLE & ROLL 10:30 BIBLE STUDY 1:30 MEN'S HAT SOCIAL 2:30 BINGO TIME	19 10:00 SHAKE, RATTLE & ROLL 10:30 WHEELCHAIR EXERCISE 1:15 JOB/ PET THERAPY 2:00 FALL ARTS & CRAFTS 3:00 SNACK ATTACK	20 10:00 SHAKE, RATTLE & ROLL 10:30 WORDS OF ENCOURAGEMENT 1:00 INROOM VISITS 2:00 HAPPY HOUR/ WITH KENNETH JACKSON	21 10:30 CURRENT EVENTS 1:30 GROUP REMINISCING 2:00 BINGO 4 PRIZES
22 10:30 CATHOLIC COMMUNION 2:00 NEW HOPE CHRISTIAN CHURCH	 23 10:00 SHAKE, RATTLE & ROLL 10:30 U BE THE JUDGE 2:00 BAKING CLASS 101 3:30 WORSHIP TIME WITH MARK	 24 10:00 SHAKE, RATTLE & ROLL 10:30 MUSIC APPRECIATION 2:00 POKENO CARD GAME 3:00 1:1 & INROOM VISITS	25 10:00 SHAKE, RATTLE & ROLL 10:30 BIBLE STUDY 1:30 WOMEN'S SCARF SOCIAL 2:30 LOLLY POP BINGO	26 10:00 SHAKE, RATTLE & ROLL 10:30 STRETCH & FLEX 1:15 ONE ON ONES 2:00 PAINT & SIP 3:00 SNACK ATTACK	27 10:00 SHAKE, RATTLE & ROLL 10:30 WORDS OF ENCOURAGEMENT 1:00 INROOM VISITS 2:00 FRIDAY HAPPY HOUR WITH MUSIC	28 10:30 AM BRUNCH 1:30 GROUP REMINISCING 2:00 LET'S PLAY BINGO
29 10:00 SUNDAY DEVOTION 10:30 CATHOLIC COMMUNION 2:00 MILLINGTON C.O.C.	30 10:00 SHAKE, RATTLE & ROLL 10:30 WORD GAME 1:45 BAKING CLASS 101 3:30 WORSHIP TIME WITH MARK 4:30 THEATRE TIME	ACTIVITIES ARE SUBJECT TO CHANGE	 CHOCOLATE MILKSHAKE DAY SEPTEMBER 12	 6 READ A BOOK DAY	 LABOR DAY Sept 2	RESIDENT'S RIGHT OF THE MONTH Each resident has the right to not be transferred or discharged from the nursing home without their consent

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Rainbow

REHAB & HEALTHCARE

KEY PERSONNEL:

- Julie Cottrell, Administrator*
- Kim McElroy, Director of Nursing*
- Renee Wade, Assistant Director of Nursing*
- Steven Sedlacko, Admissions/Marketing*
- Levisha Jackson, Admissions*
- Ashley Gafa, Unit Manager*
- Amy Smith, Business Office Manager*
- Robert Rice, Maintenance Director*
- Q Clark, Case Manager*
- Lori Brown, Dietary Manager*
- Jeff Smith, Director of Therapy*
- Belinda Lowery, Medical Records Director*
- Lynn Sanders, MDS Director*
- Denita Quinn, Staff Development Coordinator*
- Cheryl Ross, Social Services Director*
- Justin Elliot, Environmental Services*
- Al Jones, Activity Director*

Congrats To All New Hires
Welcome to "Team Rainbow"

September Birthdays

C L A U D I A T A N O S D
A L E M A P N Y L E A J O
R N O P Q R A L E G N A R
O M K J A D N E R B A M O
L X D A R R E N O L P R T
U Z W K N P A N E A Q O H
J A M E S T E M S V R N Y
N V G F D E A C B E C T Z
E I K M L P Q V X R U A A
L E J H I G F E D Y R Y H
E R T C L E T R A M T L S
H A D E A T R I C E I O A
K B E I N A H P E T S R T

ANGELA	DARREN	JAMES	PAMELA A.
AVERY	DEATRICE	KATHLEEN	SONATA
BRENDA	DOROTHY	MARTEL	STEPHANIE
CAROL	HELEN	NORMA	TASHA
CLAUDIA	JAELYN	PAMELA	TAYLOR
CURTIS			XZAVIER

