

# The Rainbow Gazette

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## SOUTHLAND PARK Gaming & Racing



Last month on July 30, 2019 a group of Rainbow Rehab & Healthcare residents got a chance to visit Southland Park Gaming & Racing.. This Mid-South casino is just 30-45 minutes for us and only 7 minutes away from down town Memphis. This makes it very convenient. Most of our residents get motivated and very excited when they look on the activity calendar and recognize going to the casino is the outing for that month. "I go to the casino for the social part of it, I am not a gambler," said Ms. Martin. It's not just the gambling that draws residents attention, some just go for the bus ride and the possibility of meeting family members and friends there. The trip gets them out of the facility and gives them something to do,

and it also gives them a chance to socialize with different people in a different environment outside the facility. Everyone really enjoyed themselves I was told. They wouldn't tell me how much money they won playing the quarter, nickel and penny slot machines. The first 2 questions I was asked when we returned to the facility was, "When are we going again? I want to go back.!"



**SENIOR  
AMERICAN  
DAY**



**Wednesday  
SEPT. 4**

## *2019 Most Improved Regional Census Award*



Congratulations to Steven Sedlacko, Admissions Director, and Laveshia Jackson, Admissions Coordinator, who were awarded the 2019 Overall Most Improved Regional Census Award. We are so proud of Steven, Laveshia, and the whole Rainbow Rehab Healthcare team for their dedication to quality in our Admissions Department!



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## *August is National Immunization Awareness Month*

When was the last time you checked to see if your immune system is up to date? This August, National Immunization Awareness Month raises awareness and encourages everyone to make sure they are current on the necessary vaccinations for potentially harmful diseases. Many diseases can be easily prevented by administering vaccines, and thus, protecting you from unseen viruses. Take the necessary precautions with a simple call to your doctor, and avoid potential harm while leading a healthy, happy life.

### How to Observe National Immunization Awareness Month

#### **1. Call your doctor**

The only way to be absolutely certain about what vaccinations you've received is to gather your medical records. Contact your doctor and request your immunization records to determine whether or not you are up to date.

#### **2. Encourage friends to do the same**

Just because you feel healthy doesn't mean you don't need to be vaccinated. Unlike most medicines, which treat or cure diseases, vaccines prevent them. When you check your immunization records, encourage friends to do the same, and you can all make sure you are up to date.

#### **3. Know your family history**

A family medical history can reveal the history of disease in your family and help a doctor identify patterns that might be relevant to your own health. This will allow the doctor to be best informed about recommending vaccines for immunization.



# PICTURES AT THE CASINO **A K Q J 10**



## JULY EMPLOYEE of the MONTH



## AUGUST BIRTHDAYS

### RESIDENTS & STAFF

8/01 Patricia Kelly	8/25 Bobbie Williams
8/05 Teresa Adair	8/28 Adrienne Cox
8/06 Pearline Finnie	8/28 Ashley Gafa
8/06 Lois Hill	8/28 Etta Davenport
8/09 Hortensia Jenkins	8/29 Michele Folsom
8/12 Oenia Foster	
8/12 Brenda Bynum	
8/14 Dorothy Horton	
8/16 Annette Gray	



*Elvis In The House*

# ELVIS IN THE HOUSE

**FRIDAY**

**AUGUST 16, 2019**

**5:00PM - 6:00PM**

**IN THE DINING ROOM**



**BRIAN HOWELL**

**"BRINGING IT BACK" PRODUCTIONS**

**\*\*FAMILY MEMBERS INVITED\***

## What's Happening At Rainbow Rehab & Healthcare



**AUGUST 16th**

**5-6pm**

**IN THE DINING RM**

**RESIDENT COUNCIL**



**MEETING**  
EVERY 2ND THURSDAY  
2PM Activity Rm.



**AUG. 13th**

**@2PM**



## August 2019 Event Calendar

REHAB & HEALTHCARE  
8119 Memphis Arlington Rd.  
Bartlett, TN 38133

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p><b>"Elvis In The House"</b> FRIDAY Aug. 16 5 - 6pm</p>			<b>ACTIVITIES ARE SUBJECT TO CHANGE</b>	10:00 SHAKE, RATTLE & ROLL <sup>1</sup> 10:30 SITTERCISE 1:15 JOB/ PET THERAPY 2:30 SNACK ATTACK 3:30 ONE ON ONES.	10:00 SHAKE, RATTLE & ROLL <sup>2</sup> 10:30 WORDS OF ENCOURAGEMENT 1:00 INROOM VISITS 2:00 HAPPY HOUR/ JAZZ	10:15 AM BRUNCH <sup>3</sup> 1:30 GROUP REMINISCING 2:30 BINGO TIME
10:00 ACTIVITY CART <sup>4</sup> 10:30 CATHOLIC COMMUNION 2:00 MILLINGTON C.O.C.	10:00 SHAKE, RATTLE & ROLL <sup>5</sup> 10:30 IT HAPPENED THIS DAY 1:45 POPCORN SOCIAL 3:30 BIBLE STUDY 4:00 THEATRE TIME	10:00 SHAKE, RATTLE & ROLL <sup>6</sup> 10:30 MUSIC APPRECIATION 2:00 POKENO CARD GAME 3:00 1:1 & INROOM VISITS	10:00 SHAKE, RATTLE & ROLL <sup>7</sup> 10:30 BIBLE STUDY 1:45 POPCORN SOCIAL 2:30 BINGO TIME	10:00 SHAKE, RATTLE & ROLL <sup>8</sup> 10:30 MOVE & GROOVE 2:00 RESIDENT COUNCIL 3:00 SNACK ATTACK	10:00 SHAKE, RATTLE & ROLL <sup>9</sup> 10:30 WORDS OF ENCOURAGEMENT 1:00 INROOM VISITS 2:00 HAPPY HOUR/ WITH LIVE ENTERTAINMENT	10:30 OAK GROVE CHURCH <sup>10</sup> 1:30 POPCORN EXPRESS 2:30 BINGO 4 PRIZES
10:00 ACTIVITY CART <sup>11</sup> 10:30 CATHOLIC COMMUNION 2:00 NEW BETHEL CHURCH	10:00 SHAKE, RATTLE & ROLL <sup>12</sup> 10:30 BRAIN TEASING GAME 2:15 CONNECT 4 GROUP 3:30 BIBLE STUDY 4:30 THEATRE TIME	10:00 SHAKE, RATTLE & ROLL <sup>13</sup> 10:30 MUSIC APPRECIATION 2:00 AUGUST BIRTHDAY BASH 3:00 1:1 & INROOM VISITS	10:00 SHAKE, RATTLE & ROLL <sup>14</sup> 10:30 BIBLE STUDY 1:30 MEN'S DAY POKER 2:30 BINGO TIME	10:00 SHAKE, RATTLE & ROLL <sup>15</sup> 10:30 WHEELCHAIR EXERCISE 1:15 JOB/ PET THERAPY 2:00 ELVIS MOVIE WITH POPCORN	10:00 SHAKE, RATTLE & ROLL <sup>16</sup> 10:30 WORDS OF ENCOURAGEMENT 1:00 INROOM VISITS 2:00 HAPPY HOUR/ 5:00 "ELVIS IN THE HOUSE"	10:30 CURRENT EVENTS <sup>17</sup> 1:30 GROUP REMINISCING 2:30 BINGO TIME
10:30 CATHOLIC COMMUNION <sup>18</sup> 1:00 PRETTY NAILS/TYBC 2:00 ST. PAUL CHURCH	10:00 SHAKE, RATTLE & ROLL <sup>19</sup> 10:30 WORD GAME 2:00 MY FAVORITE COOKIE 3:30 BIBLE STUDY 4:30 THEATRE TIME	10am Malco Theatre <sup>20</sup> 10:00 SHAKE, RATTLE & ROLL 10:30 MUSIC APPRECIATION 2:00 POKENO CARD GAME 3:00 1:1 & INROOM VISITS	SENIOR CITIZEN DAY <sup>21</sup> 10:00 SHAKE, RATTLE & ROLL 10:30 BIBLE STUDY 1:30 WOMEN'S DAY 2:30 BINGO TIME	10:00 SHAKE, RATTLE & ROLL <sup>22</sup> 10:30 STRETCH & FLEX 1:15 ONE ON ONE 2:00 PAINT & SIP 3:00 SNACK ATTACK	10:00 SHAKE, RATTLE & ROLL <sup>23</sup> 10:30 WORDS OF ENCOURAGEMENT 1:00 INROOM VISITS 2:00 FRIDAY HAPPY HOUR WITH MUSIC	10:30 GROUP REMINISCING <sup>24</sup> 1:45 BINGO WITH GREYS CHURCH 2:45 POPCORN EXPRESS
10:30 CATHOLIC COMMUNION <sup>25</sup> 2:00 NEW HOPE CHRISTIAN CHURCH	10:00 SHAKE, RATTLE & ROLL <sup>26</sup> 10:30 U BE THE JUDGE 1:45 DOMINOS 3:30 BIBLE STUDY 4:30 THEATRE TIME	10:00 SHAKE, RATTLE & ROLL <sup>27</sup> 10:30 MUSIC APPRECIATION 2:00 POKENO CARD GAME 3:00 1:1 & INROOM VISITS	10:00 SHAKE, RATTLE & ROLL <sup>28</sup> 10:30 BIBLE STUDY 1:30 POPCORN SOCIAL 2:30 BINGO TIME	10:00 SHAKE, RATTLE & ROLL <sup>29</sup> 10:30 STRETCH & FLEX 1:15 JOB/ PET THERAPY 2:00 ART THERAPY 3:00 SNACK ATTACK	10:00 SHAKE, RATTLE & ROLL <sup>30</sup> 10:30 WORDS OF ENCOURAGEMENT 1:00 INROOM VISITS 2:00 FRIDAY HAPPY HOUR WITH MUSIC	10:30 CURRENT EVENTS <sup>31</sup> 1:30 GROUP REMINISCING 2:30 BINGO TIME



## RAINBOW REHAB & HEALTHCARE

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# HAPPY AUGUST



# Rainbow

REHAB & HEALTHCARE

### KEY PERSONNEL

Julie Cottrell, Administrator

Kim McElroy, Director of Nursing

Steven Sedlacko, Admissions/Marketing

Levisha Jackson, Admissions

Renee Wade, Assistant Director of Nursing

Amy Smith, Business Office Manager

Robert Rice, Maintenance Director

Q Clark, Case Manager

Lori Brown, Dietary Manager

Jeff Smith, Director of Therapy

Belinda Lowery, Medical Records Director

Lynn Sanders, MDS Director

Denita Quinn, Staff Development Coordinator

Al Jones, Activity Director

Cheryl Ross, Social Services Director

Congrats To All New Hires

Welcome to "Team Rainbow"

## Happy Birthdays

(Staff & Residents)

ET TAMY ELHSA  
NBANNETTECI  
NDFOENIAGDS  
ETERESA EHON  
I JIKMENOPRE  
RQSTVIWBXOT  
DSIOLBYRZTR  
ABDRGBFEGHO  
MNAPQORN SYH  
TEUVWBXDZAC  
PATRICIAGFD

ADRIENNE	BRENDA	OENIA
AMY	DOROTHY	PATRICIA
ANNETE	ETTA	PEARLINE
ASHLEY	HORTENSIA	TERESA
	LOIS	

# August

## GLADIOLUS

Strength of Character  
Faithfulness  
Integrity  
Infatuation  
Persistence